

DO YOU WANT TO COACH?



Do you know anyone who wants to get their Coaching Authorization?
There will be a sequence of classes offered through Northwest Area Education Agency.

THEORY AND ETHICS OF COACHING INTERSCHOLASTIC ATHLETICS

June 8 & 9, 2021

8:00 AM - 4:30 PM

Northwest AEA - Le Mars Office

\$135.00

This course is designed to teach the participants how to coach at the junior high/middle school and high school levels. Emphasis will be placed on how to pick the team, run an organized practice session, strategies relating to games and dealing with the player, and different coaching methodologies. Course fees include the required book fee.

[REGISTER HERE](#)

HUMAN GROWTH AND DEVELOPMENT

June 22 & 23, 2021

8:00 AM - 4:30 PM

Northwest AEA - Le Mars Office

\$85.00

This course will cover the physical development of students from the preschool years through high school in relation to physical activities that are appropriate for each age level.

[REGISTER HERE](#)

STRUCTURE AND FUNCTION OF THE HUMAN BODY

June 29 & 30, 2021

8:00 AM - 4:30 PM

Northwest AEA - Le Mars Office

\$85.00

This course studies the structure and function of the human body as it relates to physical activity associated with athletics. Stress is placed upon inter-relationships and interdependence of systems. Important metabolic processes will be discussed.

[REGISTER HERE](#)

CARE AND PREVENTION OF ATHLETIC INJURIES

June 14-17, 2021

8:00 AM - 4:30 PM

Northwestern College - Orange City

\$195.00

You will learn protection from potential injuries, evaluation, and care. You will also learn supportive measures such as nutrition, use of facilities, rehabilitation principles and practice.

[REGISTER HERE](#)

Attendance is required at all sessions.

Questions contact Joyce Vander Wilt at Northwest AEA (jvanderwilt@nwaea.org) or 712-222-6105.

Northwest Area Education Agency is committed to ensuring content accessibility for all individuals. Please let us know if you encounter accessibility barriers related to Northwest AEA materials by emailing us at jvanderwilt@nwaea.org.



It is the policy of Northwest Area Education Agency not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age, marital status, sexual orientation, gender identity and socioeconomic status in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact Jerome Schaefer, Equity Coordinator, 1520 Morningside Avenue, Sioux City, Iowa 51106, 712-222-6114.